

About Amritsar

Amritsar, the most sacred city of the Sikhs, is an important tourist attraction of Punjab. The word Amritsar means 'Pool of Nectar'. The city of Amritsar is named after the sacred pool in the Golden Temple, one of the holiest Sikh shrines. Amritsar is situated only about 29 km from Wagah, on the India-Pakistan border.



Tourist Attractions in Amritsar

The main tourist attraction in Amritsar is the Golden Temple. Besides, the Golden Temple, the Ram Bagh Gardens, Jallianwala Bagh, Durgiana Temple, Wagha Border, Gobindgarh Fort, War Memorial and Baba Atal Rai Tower are the various places which can be visited.

REGISTRATION FORM

Name _____
Age/Sex _____
Designation _____
Institute _____
College Address _____
Mob. No.: _____
Email _____
Cheque/DD/NEFT No _____ Date _____

Registration Fees*

Doctors	Rs.1000/-
Staff Nurses	Rs.700/-
Students	Rs. 500/-

Payment Details

Payment can be made by online transaction/DD drawn in favour of Sri Guru Ram Dass Conference/CME's A/C
A/C No. 360601000040
IFSC-ICIC0003606
ICICI Bank LTD. Vallah Mandi Branch, Amritsar
Note: All delegates registering should e-mail the copy of the financial transaction/ receipt at: drharjotbirgi@gmail.com

Contact Details

Dr. Harjot Singh (M) 77104 49777
E-mail: drharjotbirgi@gmail.com



Sri Guru Ram Das University of Health Sciences Sri Amritsar

In Collaboration with

**Cancer Aid Society India
&
Kosish - The Hospice**

Organizes

WORKSHOP ON PALLIATIVE CARE

on

5th October, 2019

at

SGRDIMS, Sri Amritsar

About the Course

Workshop on Palliative Care and Cancer Pain Management Addressing Cancer Pain Policy in light of Amended NDPS Act

71% of all deaths are presently attributed to Non Communicable Diseases according to World Health Organisation leading to the need for addressing the excruciating pain and other distressing symptoms whereas access to Pain Medication & Palliative Care is virtually nil leading to poor quality of life and miserable death in most cases.

Palliative Care is care beyond cure and aims not only to improve the quality of life but also ensure quality of death for patients bringing relief to their families which is our objective.

This one-day workshop deals with the various aspects of Palliative Care, WHO Perspective, Cancer Pain Assessment and Management, Spiritual, Social & Psychological aspects in end of life care, Legal aspects of availability and use of Oral Morphine for Cancer Pain Management so that patients with life-limiting illnesses are given the opportunity to live remaining days with meaning and without distress.

Successful pain treatment uses holistic approach that addresses all aspects of care and sufferings. As such our workshop concentrates on small group settings and will be most beneficial to Nurses, Physicians, Surgeons, other Healthcare Providers working in related specialties, Oncologists and Palliative Care Professionals or those interested in Train the Trainers.

Facilitators:

Dr Abhijit Dam

Medical Director, KOSISH-the hospice, Rural Jharkhand
Secretary, Indian association of Palliative Care
Pioneering the cause of palliative care in Jharkhand & adjoining West Bengal since 2006. Established the first Long term care facility for the Elderly & Terminally ill in rural setting.

Dr Piyush Gupta

Secretary and Chief Executive Officer at Cancer Aid Society
Lucknow, Uttar Pradesh, India

Neha Tripathi

Director International Relations & I/c Palliative Care

Project Coordinator

Dr. Harjot Singh

Asst. Prof.

Department of Community Medicine

Sri Guru Ram Das Institute of Medical Sciences & Research,

Sri Amritsar

SCIENTIFIC PROGRAMME

Program Schedule

08:30 -09:00 am	REGISTRATION	
09:00 -09:30 am	Welcome Address	
09:30 - 10:00 am	Background & Need of Palliative Care	Ms. Neha Tripathi
10:00 - 10:45 am	INUAGRATION AND TEA	
10:45 - 11:15 am	Experiences from Fellowship Course	Dr. Harjot Singh
11:15am -12:15 pm	Principles of Palliative Care with discussion	Dr. Piyush Gupta
12:15 -12:45 pm	Ethical Issues	Dr. Abhijit Dam
12:45pm -1:15 pm	LUNCH	
01:15 to 01:45 pm	WHO Perspective & Legal Issues	Dr. Piyush Gupta
01:45 -2:15 pm	Pain Assessment & Management	Dr. Abhijit Dam
2:15 -3:15 pm	Last Days of Life & Role of Spirituality	Ms. Neha Tripathi
3:15pm - 3:45pm	Availability & Use of Oral Morphine	Dr. Piyush Gupta
3:45- 4:15 pm	Case Studies (Home Care/Hospice)	Dr. Abhijit Dam
4:15 - 4:50pm	Discussion & Questions	Panel of 3
4:50 - 5:00 pm	Vote of thanks	Dr. Harjot Singh